

August 2026 - Santa Fe Cuisine!
Savor the Flavors of New Mexico
3,550 yards - Friday, August 7
The State Question: Red, Green or Christmas!

Warmup - 500 yards

- 5 x 100 free - swim, pull, kick, drill, swim

Lengthen Out - 250 yards

- 5 x 50 free - DPS - descend by 2 strokes each 50

The Big Enchilada!! - choose your chili - 2,200

Red = 2 x 100

Green = 4 x 50

Christmas = 1 x 100 + 2 x 50

- 400 free
- Red, Green or Christmas!
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- 400 free

Dessert - 400 yards - Pick 1

- Churros 2 x 200 IM
- Biscochittos 4 x 100 IM

Cool Down - 200 yards