

**August 2026 - Santa Fe Cuisine!**  
**Savor the Flavors of New Mexico**  
**3,700 yards - Friday, August 14**  
**Breakfast Tacos!!!**

**Hydrate - 500 yards**

- 200 free, 100 free pull, 200 free

**Coffee or Tea? - 300 yards**

- 6 x 50, odd free, even non-free
- **OR**
- 3 x 100, odd free, even non-free

**Breakfast Tacos!!! - choose your filling - 2,100**

1. 300 IM
2. By 50 - back, breast, run, back, breast, run
3. By 50 - back, fly, dolphin, back, fly, dolphin

- 3 Times Through - 200 free, Filling, 200 free

**Pastry - 500 yards - Pick 1**

- 5 x 100, Pick your interval
- 10 x 50, Puck your interval
- 20 x 25, alternate fly and free

**Hydrate - 300 yards**

- 300 free