

Week of March 29 - April 2, 2021

Swimmers,

Quick updates on GCCC transition with lane share this week;

- 1) HAMasters will have 7 lanes this week, Lanes 4-10. Depending on number of swim members attending each day there is a good chance you may be splitting a lane with another HAM member.
- 2) Lane share this week will be 2 per lane. Each swim member will start at opposite end of lane and split the lane, swimming on right side of lane. No circle swimming.
- 3) Entry and exit into GCCC will be through front doors
- 4) Please fill out City of SF COVID-19 Waiver, required for all Team Members. Hand me your signed form, front and back, this coming week. We all need to have this turned in by April 5 or we will not be allowed to enter. If you are unable to hand me your signed form this week, plan to hand it in upon entry week of April 5. GCCC is updating their Swim Team Rosters for screening.
- 5) Lastly, there is a fairly good chance that the City of Santa Fe Mayor may grant city employees the afternoon off on Friday, 4/2. Stay tuned for updates this week.

Updates on Lane Share and Assignments starting April 5- May 15, 2021:

- 6) **Starting April 5 thru May 15**, High School Swim Season will be accommodated. They will have the full pool 6:45-8:15pm. Lanes for HAMasters will be reduced to 4 lanes and be allowed to have maximum of 3 swimmers per lane. We will follow recommended guidelines provided by USA swimming. Swim time will increase to 1.5 hours; 4:45 - 6:15pm.
- 7) HAM will be sharing the pool with 4 other age group swim teams; NAC, SFAC, SEALS and Chargers. (See attachments). This will be referred to as "TEAM TIME." We can potentially have up to 54 swimmers in pool and 6 coaches on deck at this time.
- 8) Let me know if you prefer to swim 1.0 hour I will see where I can accommodate. Also, this may provide more time to rotate in and out of dry dressing tents. No locker room or showers will be open at this time. We need to be out of facility no later than 6:20pm for LG staff to disinfect pool space and prep for HS swimmers.
- 9) I have a diagram of how we will share 3 per lane and can share with you on deck this week. Each lane will have one swimmer at opposite end of pool and two swimmers other end of pool. This will be circle swim pattern. Swimmer, one & two at each end of pool will start and third swimmer will follow 5-10 seconds after the lead swimmers. I will work with each group to find a compatible pace pod. We got this!
- 10) Lane assignments will rotate weekly, moving from shallow end to deep end for start blocks. See the lane assignment chart on wall next to LG locker room.
- 11) Entry into GCCC at 4:45pm will be through front doors. Exit after swim workout at 6:15pm will be out side doors of pool, up ramp, to main parking lot. GCCC is closed at 6pm and no exit allowed out front doors.
- 12) Continue to keep social distanced and wear your mask on deck and public spaces. We will be funneling in and out of facility with other swim teams.